

Integration of Palliative Care in Health Services

(FMR Code: B.14.16)

Palliative Care is a multi-disciplinary approach to alleviate the suffering of patients with chronic life limiting illnesses, and their families. It is aimed at improving the quality of life through relief of physical, psychosocial and spiritual suffering. The palliative care is required in terminal period of cancer, neurological and cardio respiratory diseases.

This project is being implemented with the technical support and help from Tata Memorial Hospital and Research Centre, Mumbai.

Objectives:-

a. Aim

To integrate palliative care into the existing health care system in the Jawhar block of Thane district & Igatpuri block of Nashik district in pilot project.

b. Objectives:

- Training health care professional including physicians, nurses and medical and social workers (at the block and the primary health centre level) in palliative care to make enable to identify patients requiring palliative care and able to deliver appropriate holistic care to such patients.
- Training the outreach health workers such as ASHA workers, ANMs etc. in basic palliative care principles and practice, so that they can identify patients in the community who require palliative care and deliver basic care in the patients home or in the community.
- Ensure the availability of morphine and other opioids at the block level.
- Increase the awareness in the community about palliative care.
- Ensure access of children with life limiting conditions to appropriate pediatric palliative care facilities.

2) Implementing Strategies:

a. Facilities providing Services:

The activity is being implemented in two blocks, i.e. Jawhar block of district Thane and Igatpuri block of Nashik district. The services of Palliative Care available at following facilities.

b. Beneficiaries/ Target group: -

Patient with Cancer,Chronic infections- HIV, Complicated TB, Leprosy, Chronic cardiac conditions- Ischemic cardiac failure, Cardiomyopathies, CCF with multiple exacerbations, Congenital Heart Diseases, Chronic respiratory diseases like COPD, Chronic renal failure, Neurological conditions like stroke, multiple sclerosis, Alzheimer's diseases, chronic progressive neurological conditions, Chronic liver conditions- liver failure, alcoholic liver disease, chronic hepatitis, Rheumatologic conditions- SLE, Rheumatoid arthritis etc., Geriatric patients and A patient who is dying, irrespective of their diagnosis

c. Services Available:Palliative Care is provided to alleviate the suffering of patients with chronic life limiting illnesses, and their families. It is aimed at improving the quality of life through relief of physical, psychosocial and spiritual suffering.

d. Performance:

No. of Patients availed Services

Sr.No	Year	No. of Patients		
		Jawhar	Igatpuri	Total
1	2011-12	271	-	271
2	2012-13	178	265	443
3	2013-14 (April to May 2013)	28	45	73
	Total Patientregistered	477	310	787

Financial Report

Year	Approved Budget	Expenditure (In Lacs)	Percentage (%)
2011-12	13.50	8.75	64.81
2012-13	13.72	14.50	105.69%
2013-14	13.72	00	00

Note: Grant is not received